

Nobel prize win exposes  
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October is Breast  
Cancer Awareness  
Month



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Wednesday, October 6, 2010

## Ecotech congratulates the winner of the Science Fair



For story see page 5

## 'Superman' to fly again, under director Zack Snyder

LOS ANGELES, California (AFP) - Superman is to fly again on the silver screen, in a new movie about the comic book hero by director Zack Snyder, he told Hollywood industry press yesterday.

The film, the first since "Superman Returns" failed to take off fully in 2006, will also benefit from the experience of Christopher Nolan, who successfully relaunched the "Batman" franchise.

"It's hard not to be a Superman fan with his place in pop culture and how iconic he is," Snyder told the daily Variety newspaper, paying tribute to Nolan's role as producer on the new Warner Bros movie.

"He provides that extra bit of wisdom to a process that sometimes lacks it," he added.

Nolan has been a favorite



for Warner since relaunching another faded comic book hero, with "Batman Begins" in 2005 followed by "The Dark Knight" in 2008, which made a billion dollars worldwide.

The screenplay is being worked on by David Goyer, who wrote "Batman Begins." The actor who will don the

famous blue-and-red costume immortalized by Christopher Reeve has not yet been chosen.

The release date for the new movie has not been decided, but Warner, which is producing it with Legendary Pictures, hopes to have it ready for Christmas 2012, Variety reported.

## Green Choice Hydrogen Car breaks record at Palo Marga Raceway Park



Aruba's Green Energy Conference had a joyful closing yesterday, when in the early morning hours during a test drive on the Palo Marga Raceway Park, the Green Choice Hydrogen Car broke the world record, not once, nor twice, but three times. The fastest time was registered in Belgium when a car clocked the record time of 10.40 seconds per 1/8 miles.

Yesterday morning, the

Green Choice clocked 9.77 seconds per 1/8 miles, to the joy of all present. During the first test drives, the hydrogen car clocked 9.83 and in the second test drive it clocked 9.77 seconds. No doubt, this was tremendous way to close off the successful Aruba's Green Energy Conference. Aruba, made headlines once more with their achievement during these last days. Congratulations

## World pours 11.7 billion dollars into anti-AIDS fight

UNITED NATIONS (AFP) - Countries from around the world pledged yesterday to pour 11.7 billion dollars into a fight against AIDS and other deadly diseases.

UN chief Ban Ki-moon announced the commitment at UN headquarters where more than 40 donor countries, private foundations, and corporations were meeting to replenish the Global Fund to Fight AIDS, Tuberculosis and Malaria for 2011 through 2013.

Earlier, Washington said it was contributing what it said was a record four billion dollars to the fund.

With the new US pledge

and increased contribution from others, the Global Fund believes it will be possible to have 4.4 million people infected with the AIDS virus "on antiretroviral therapy, up from 2.5 million at the end of 2009," the State Department said.

It also believes it will be possible to provide 2.5 million orphans and vulnerable children with annual support, up from 1.4 million last year.

The State Department added that some 610,000 HIV-positive pregnant women annually will be able to receive services preventing mother-to-child transmission -- compared to 345,000 in 2009. --

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## Vatican invites Jewish and Muslim guests to Mideast synod

ROME, Italy (AFP) - A senior Iranian cleric and a Jewish rabbi are among some of the guests invited by Pope Ben-

dict XVI to attend the synod on the Middle East starting on October 10, the news agency i.media said yesterday.

These "special guests" will attend a 200-strong synod held at the Vatican running from October 10 to 24 to discuss the Middle East.

It will be the first time that Jewish and Muslim representatives take part in the same synod, i.media said, though adding that the guests would not necessarily all meet each other.

To represent Muslims, the Vatican has invited the legal professor Ayatollah Seyyed Mostafa Mohaghegh Damad from the Iranian Shiite clergy, and Mohammad Sammak, secretary general of the Christian-Muslim Committee for Dialogue.

For the Jewish presence the Vatican has called on rabbi David Rosen, head of the inter-religious department of the Jewish international committee, and he is due to address the synod on October 13.

## Nobel prize win exposes Russia's brain drain losses



Konstantin Novoselov,

MOSCOW, Russia (AFP) - The award of the Nobel prize yesterday to two Russian-born physicists based abroad cheered Russia but also showed up its losses from a calamitous brain drain since the fall of the Soviet Union.

"We need to make an effort so that our talented people do not go abroad," Russian President Dmitry Medvedev said in a regretful response to the award of the 2010 Nobel Physics Prize to Andre Geim and Konstantin Novoselov, the Interfax news agency reported.

Medvedev slammed the government's failure to pro-

vide attractive conditions for scientists to work in the country after they graduated.

"We do not have a normal system to stimulate our young specialists, talented people, so that they stay to work in this country," Medvedev said, calling government efforts to improve research facilities a "huge failure."

Both Geim and Novoselov, who shared the prize for pioneering work on graphene, graduated from the Moscow Physics and Technology University (MFTI) and conducted research in the Moscow region.

In televised comments yesterday, Geim, 51, who has not worked in Russia since the early 1990s, praised his Soviet education: "You cannot obtain such an education, not in Harvard nor in Cambridge, nowhere."

But his strong accent gave away the fact that Geim, now a Dutch national, has long since moved on from Chernogolovka, the Moscow region town where both laureates worked in the Academy of Sciences' Institute of Solids.



Andre Geim

The scientists' undergraduate alma mater is thrilled with their win, said Mikhail Trunin, the dean of general physics faculty at MFTI.

"Undoubtedly, both their education at the university, and research in Chernogolovka, played a role," he said. "They were taught to think... They are educated scientists, that is to the credit of our educational system," Trunin told AFP.

Seven Nobel prizes have now been awarded to Russian scientists for physics, the most of any other field.theoretical teaching with lab-based research.

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## The Westin Resort Aruba receives MLT Vacations 2010 Quality Assurance Award

PALM BEACH, Aruba — The Westin Resort Aruba received the 2010 MLT Vacations Quality Assurance Award at MLT University in St. Paul, Minnesota on Sunday, September 12, 2010. The honor recognizes hotels that achieve a 99 percent customer satisfaction index and a 99 percent product delivery performance, with a minimum of 100 bookings throughout the year.

"We are happy to recognize The Westin Resort Aruba for their outstanding quality, customer service and product delivery," said Elizabeth Moriarty, vice president of product development for MLT Vacations. "The resort team has demonstrated exemplary operational consistency and top-notch quality standards for MLT Vacations and its Delta Vacations, Continental Airlines Vacations and Worry-Free Vacations clientele."

The 2010 awards were decided based on the experiences of more than 450,000



customers who traveled with Delta Vacations, Continental Airlines Vacations and Worry-Free Vacations, from the U.S. and Canada. Out of the more than 700 hotels offered by MLT Vacations in Mexico, the Caribbean, Latin America, Hawaii and Las Vegas, only 117 qualified to receive the MLT Vacations Quality Assurance Award designation for 2010.

"We are committed to providing our guests with an unforgettable experience," said Richard Roy, general manager of The Westin Resort, Aruba. "Earning this prestigious accolade shows that we consistently deliver on that promise."

### About The Westin Resort Aruba

Located on seven and a half acres amidst the white sands of Palm Beach and enclosed by lush gardens and swaying palm trees, The Westin Resort Aruba is a newly refurbished resort featuring 481 luxurious guest rooms and suites, eight restaurants and lounges, the world-class Casablanca Casino, a variety of activities, spa and nearby golf. Just seven miles from Queen Beatrix International Airport and five miles from downtown Oranjestad, the resort offers more than 20,000 square feet of flexible indoor and outdoor function space. For more information, visit [www.westinaruba.com](http://www.westinaruba.com)

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*A new look for one of the island's favorite timeshare resorts*

## Playa Linda's renovations reveal an attractive upgrade of a second home

PALM BEACH — Playa Linda Beach Resort, one of the island's favorite timeshare resorts, is undergoing attractive new changes with the completion of Phase One of its current renovation project. Owners and guests now enjoy completely redone bathrooms and look forward to the further transformation of individual suites and to the look and feel of a resort that has long been regarded as a second home in Aruba.

"We have received positive reviews on the renovation, in what has been accomplished and what is still to come, as well as a great deal of understanding from our members and guests during this process," comments General Manager Jan van Nes. "It is not easy renovating a resort with an average occupancy of 85 percent and just one maintenance week, but we received great cooperation from all parties involved. We've already retiled the units and balconies, installed new kitchen appliances and safes, redone the bathrooms as well as repainted the exterior and changed the decorative roof panels. With all these changes, members appreciate the investment that is being made in the value and comfort of their 'home away from home'."

Renovation plans were first put into motion in 2008, when the Playa Linda celebrated its 25th Anniversary and the Board presented its proposal for a resort-wide upgrade. Soon after, the chosen design company of IGD Group, out of Tampa, Florida, went into action in providing for the new look of the resort. The mother and son team of Sandra Dickey of Images Gallery & Design, and Matt Ramaekers of IGD Hospitality, were recently back on island in order to feedback with the Playa Linda Board as to the new furnishings, fixtures and materials that will be in place in each room by 2011.

"It's been a three-year process that is now approaching a very successful outcome thanks to ongoing collaboration with an involved timeshare membership, led by a hands-on board. The result is an evolution of a design that perfectly marries the island's natural beauty together with touches



**Sandra Dickey of Images Gallery & Design, and Matt Ramaekers of IGD Hospitality of Tampa Florida are helping to bring a new look**



of luxury," explains Sandy.

Along with aesthetic concerns, both quality as well as the environment has been top concerns. Decisions on manufacturers were made according to not only which companies produce top-notch materials, but also those that work according to environmental standards, and with green products used in the design where possible.

"In all aspects, we wanted to properly portray what Playa Linda represents for its members, its adherence to quality and high ideals as well as its unmistakable warm, welcoming environment," comments Matt. "We've had the good fortune to experience it ourselves in working with a Board which maintained constant, open communication, along with a level of hospitality by the management and staff that has been outstanding. It has been a pure pleasure in working with the Playa Linda. So much so, that we plan to choose Aruba for a future family vacation."

When complete, the renovation at the Playa Linda will total \$7.5M, and include a state-of-the-art alarm and safety system. The current re-

novation follows \$7M that was previously invested in several upgrades in the past few years.

"With all that is going on I believe we will be in good shape at the end of the year, but in excellent shape at the end of 2011," comments Jan van Nes. "It could not have been done without the IGD group as well as several local contractors, but also thanks to our staff, who have gone above and beyond to ensure that owners and guests experience very little disruption during the renovation process. The speed at which they have worked and the care which they have taken has been tremendous, and has helped to further endear the Playa Linda to our valued visitors."

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# Aruba Chef/Student Culinary Competition and Festival 2010 begins



Boogie Boekhoudt cuts the ribbon and officially opens the competition

Yesterday marked the first day of competitions among Aruba's future chefs following the informal opening ceremony on Monday evening of the 2nd Annual Aruba Chef/Student Culinary Competition and Festival. It is a joint effort by Aruba's E.P.I. Culinary School, the Aruba Tourism Association, ATA, the Aruba Hotel and Tourism Association, AHATA, and the Aruba Gastronomic Association, AGA, which proved very successful when introduced last year. The event requires teams of Aruba's most promising future chefs to demonstrate their artistry and gastronomic expertise under the tutelage of some of the island's most renowned and accomplished professionals.

Organizers welcomed back celebrity chef judges lead by Chef Michael Deihl, Executive Chef of the East Lake Golf Club in Atlanta and President of the Atlanta chapter of the American Culinary Federation-ACF and Chef Charles de Vries, award-winning chef and a veteran of coaching student teams in cooking competitions. Chef Deihl expressed his delight at a new member of the judging panel this year, Chef Ephraim Goeloe of Bonaire. "I am certain his in-depth knowledge of regional cuisine and seasoning will add resonance to the decision-making process," he observed. "Last year, the point differences were so minute between the top place winners; it was very difficult, the entries were so accomplished. I am sure his presence will help us understand and appreciate more completely the proper or innovative use of local ingredients and flavoring."

Island professionals who

have accepted this year's challenge to mentor the groups are Chef Gilbert Flemming of Milano Restaurant, Chef Jonathan Koolman of Chef Kelly Catering Service, Chef Scott of Aqua Grill, Chef Erwin Huskens of Screaming Eagle, Chef Ever de Pena of Cook's Restaurant, Chef Oscar Steba of The Old Man and the Sea, Chef Darwin Torres of Westin Resort Aruba, Chef Vincent Ordonez of the Holiday Inn Sunspree Resort and Chef Gloria Ramirez of Marriott Aruba.



Guest Judges Ephraim Goeloe, Charles de Vries and Michael Deihl

An important ritual of the opening ceremony is honoring a native island chef who has made great contributions to the development of the culinary arts on Aruba and presented a role model to the island's future chefs. This year, Chef Raymundo, "Boogie" Boekhoudt was selected to cut the ribbon to the E.P.I kitchens, officially marking the opening of the Aruba Chef Student Culinary Competition and Festival 2010.

"This year we expect really exceptional entries," com-

mented Chef Deihl. "Last year, the students were required to devise a menu from a "mystery box" of surprise ingredients, so they could have the authentic experience of participating in international culinary competitions. This year, they will submit their own menus and dishes, so we are taking it a step higher, allowing them vastly increased creativity. They do have the boundaries of creating a balanced meal with certain percentages of proteins, fats and carbohydrates. I am very much looking forward to testing their submissions; Aruba's students are among the most motivated young chefs I have ever met, anywhere."

Yesterday, today and tomorrow morning are fully occupied with the judging of the entries, but in the evening begins the public events, starting with the Celebrity Chef Cook Out at the Talk of the Town Resort, host for the visiting judges. Doors open for dinner at 7:00 p.m.

Friday, October 8, the Culinary Festival will take place in the Renaissance Convention center where the entries will be

on display, and a number of gourmet cooking exhibitions will take place for the public from 5:00 to 8:00 p.m.

The awards ceremony and a closing reception will follow. Tickets for the public fundraising events, which support the school, can be purchased at the E.P.I. School or at the door. Contact Eddelyn Dijkhoff, Coordinator of the Apprenticeship Program of EPI at telephone 525-8788 or e-mail

by Rosalie Klein

# Breakfast

7:00 a.m. - 11:00 a.m.

**EGG DISHES**

- \*2 eggs sunny side up with ham & cheese
- \*Scrambled with ham, cheese, onions, green pepper, tomato, mushroom
- \*Plain omelettes with ham, cheese, onion, green pepper, tomato, mushroom

All egg dishes are served with a choice of: white or whole wheat baguette or sliced toasted bread.

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## Cookery for dummies in Berlin one-stop shop

BERLIN, Germany – Cookery fans fed up with buying large packets of exotic ingredients for a one-off attempt at a new dish can now buy recipes together with the necessary ingredients -- all weighed out -- from a shop in Berlin.



recipe after work and then cook it up for friends or loved ones the same evening," Renneberg said. "None of our dishes takes longer than 50 minutes to make."

Prices for a main meal range from around 3 to 10 euros (\$5 to \$14)

"It's a bit more expensive than normal supermarkets but because we sell the ingredients in the correct amounts, you don't have any waste so that brings the price down," Renneberg said.

Rainer Jahn, now one of Renneberg's regular customers, says the shop has saved him from culinary disasters: "When you attempt a dish yourself and it goes wrong, it's often down to the ingredients but you can find them all here," he said.

"People who don't have much time for shopping or cooking find all the inspiration and help they need here," he said. "When you leave the shop you have everything you need for a perfect evening, including the wine, recipe and accessories."

Renneberg and his team spent months working on the recipes, getting friends to try them out to ensure they were quick and absolutely foolproof, even in the hands of a novice.

"The idea is that people should be able to buy the

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## Ecotech, main sponsor of the Green Energy Conference, congratulates the winner of the Science Fair

The competition was part of the conference

A few weeks back the Science Fair competition among the science students of secondary school opened. The Science Fair was well received, especially when it became known that Aruban students residing in Holland were coming to Aruba with two cars that run solely on alternative energy. Last Friday, the winners of the Science fair were announced.

### In the age 13 category:

- 3rd place winner - "Leoma" team, International School of Aruba;
- 2nd place winner - "Green Scientist" team, Sagrado Curazon
- 1st place winner - "Red Alert" - International School of Aruba.



### In the 14 to 16 years category:

- 3rd place winner - "Green Hands" team, De Schakel College;
- 2nd place winner - "Green Energy" team, De Schakel College
- 1st place winner - "Ola" team, de Schakel College.

### In the 16 years and up

- 3rd place winner - "Think Blue" team, EPI College Unit Science;
- 2nd place winner - "Green Tech Boys" team, EPI College Unit Science; and
- 1st place winner - "AC Power" team, Colegio Arubano



The awards ceremony will be held in the following days at the Ecotech premises.

Ecotech is the first waste recycling company on Aruba. Their goal is to instill awareness among Arubans on the importance of recycling to keep our environment clean.

Jury members of the Sci-

ence Fair were Ecotech Director Freddy Kelkboom, Freddy Vargas of Engysol, Susan Lepry of the International School of Aruba, Azriah Palm and Shron Timmer of the EPI College Unit Science, Geert Loonen of De Schakel College and Margaret Wever of the Green Aruba Organization.

## Sci-Tech



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\*matinee: saturday - wednesday | \*\*late show: friday & saturday

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daily: 4.45	NEW	
matinee: 12.15 - 2.30	3D	PG
late show: 11.00		
<b>DEVIL</b>		
daily: 4.30 - 6.30 - 8.30	NEW	
matinee: 12.15 - 2.30		
late show: 11.00	R	
<b>MACHETE</b>		
daily: 6.15 9.00		
matinee: 1.15 3.45		late
show: 11.30	R	
<b>RESIDENT EVIL: AFTERLIFE 3D</b>		
daily: 7.00 - 9.15		
matinee: 11.45	R	
<b>EASY A</b>		
daily: 4.15 - 6.30 - 8.45		
matinee: 12.00 - 2.15		
late show: 11.00	PG-13	
<b>THE TOWN</b>		
daily: 6.00 - 8.45		
matinee: 12.15 - 3.15		
late show: 11.30	PG-13	
<b>PIRANHA 3D</b>		
daily: 6.45 - 9.00		
matinee: 11.15	R	
<b>CATS &amp; DOGS GALORE 3D</b>		
daily: 4.30		
matinee: 12.15 - 2.30	3D	PG
late show: 11.00		
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<b>LEGEND OF THE GUARDIANS</b>		
daily: 5.00	NEW	
matinee: 12.30 - 2.45	3D	PG
late show: 11.15		
<b>THE SOCIAL NETWORK</b>		
daily: 5.45 - 8.30	NEW	
matinee: 12.15 - 3.00		
late show: 11.15	PG-13	
<b>THE TOWN</b>		
daily: 5.00 - 8.00		
matinee: 2.00		
late show: 11.00	R	
<b>TAKERS</b>		
daily: 6.30 - 9.00		
matinee: 11.30	PG-13	
<b>PIRANHA 3D</b>		
daily: 7.15 - 9.30		
matinee: 11.45	R	
<b>LOTTERY TICKET</b>		
daily: 5.00		
matinee: 12.00 - 2.30		
late show: 11.00	PG-13	
<b>RESIDENT EVIL: AFTERLIFE 3D</b>		
daily: 7.15 - 9.30		
matinee: 12.00	R	
<b>DINNER FOR SCHMUCKS</b>		
daily: 1.00 - 3.45		
matinee: 11.45	PG-13	
<b>WALL STREET: MONEY NEVER SLEEPS</b>		
daily: 5.30 - 8.45		
matinee: 2.15		
late show: 11.45	R	



### LEGEND OF THE GUARDIANS: THE OWLS OF GA'HOOLE (KIDS/FAM)

SOREN, IS A YOUNG OWL ENTHRALLED BY HIS FATHER'S EPIC STORIES OF THE GUARDIANS OF GA'HOOLE, A MYTHIC BAND OF WINGED WARRIORS WHO HAD FOUGHT A GREAT BATTLE TO SAVE ALL OF OWL KIND FROM THE EVIL PURE ONES. WHILE SOREN DREAMS OF SOMEDAY JOINING HIS HEROES, HIS OLDER BROTHER, KLUDD, SCOFFS AT THE NOTION.

AND YEARN TO HUNT, FLY AND STEAL HIS FATHER'S FAVOR FROM HIS YOUNGER SIBLING. BUT KLUDD'S JEALOUSY HAS TERRIBLE CONSEQUENCES--CAUSING BOTH OWLETS TO FALL FROM THEIR TREETOP HOME AND RIGHT INTO THE TALONS OF THE PURE ONES. NOW IT IS UP TO SOREN TO MAKE A DARING ESCAPE WITH THE HELP OF OTHER BRAVE YOUNG OWLS. TOGETHER THEY SOAR ACROSS THE SEA AND THROUGH THE MIST TO FIND THE GREAT TREE, HOME OF THE LEGENDARY GUARDIANS OF GA'HOOLE--SOREN'S ONLY HOPE OF DEFEATING THE PURE ONES AND SAVING THE OWL KINGDOMSVERY DIFFERENT FROM REDEMPTION.

## Europe, Asia call for urgent 'binding' climate deal

BRUSSELS (AFP) - Two months before a key UN climate conference, European and Asian leaders pledged Tuesday to seek an urgent, legally-binding deal on global warming that would include deep cuts in emissions.

"They shared the goal of reaching urgently a fair, effective and comprehensive legally binding outcome," said a final statement approved at the 46-nation Asia-Europe Meeting (ASEM) held in Brussels.

"Leaders agreed that deep cuts in global emissions are required, recognising the scientific view that the increase in global temperature should be below two degrees Celsius," the text said.

The pledge, however, lacks any deadline or timeline for achieving this goal.

The ASEM summit

grouped the 27-nation European Union, the 10-member Association of Southeast Asian Nations (ASEAN), as well as Australia, China, Japan, South Korea, India, Pakistan, Mongolia, New Zealand and Russia.

The ASEM statement came as delegates from more than 170 countries met in the northern Chinese city of Tianjin this week in an effort to break the stalemate ahead of the next United Nations conference.

The UN climate meeting will take place between November 29 and December 10 in Cancun, Mexico, one year after the much-criticised meeting in Copenhagen.

Major emerging nations such as China and India also have resisted legally binding requirements to cut emissions, saying rich countries are historically responsible for global warming and must take the lead.

greenhouse gas emissions can be reached at the talks in the Mexican resort amid lingering bitterness following Copenhagen.

The Copenhagen conference last December agreed on the goal of capping global temperature rises at 2.0 degree Celsius (3.6 degree Fahrenheit) and pledged 100 billion dollars a year to help poor countries cope with climate change.

But it failed to muster the requisite emissions-reduction commitments from carbon producers or specify who would provide the mitigation funds.

Major emerging nations such as China and India also have resisted legally binding requirements to cut emissions, saying rich countries are historically responsible for global warming and must take the lead.

## Corals discovered where none were expected

An area of deep-sea coral reefs has just been discovered off the coast of Israel, the first such reef to be found in what is generally considered a region with sparse sea life.

The exploration vessel Nautilus, operated by a team of experts from the University of Haifa in Israel, discovered the deep-sea corals.

The area stretches over a few miles, roughly 2,297 feet (700 meters) under the ocean surface and some 19 to 26 miles (30 to 40 kilometers) off the coast of Tel Aviv.

"We did not expect, know

### US consumers snapping up Android

WASHINGTON (AFP) - Smartphones powered by Google's Android software were the most popular among US consumers over the past six months ahead of the Blackberry and Apple's iPhone, the Nielsen Co. said on Tuesday.

Thirty-two percent of new smartphone buyers in the United States purchased a handset running Android during the period, Nielsen said.

Twenty-six percent chose the Blackberry operating system from Canada's Research in Motion and 25 percent chose the iPhone, Nielsen said.

Nielsen said that among all US smartphone owners, Blackberry remains the leader with a 31 percent share of the market.

or even imagine that we would come across these reefs and certainly not such large ones. It's like finding a flourishing oasis in the middle of the desert," said Yizhaq Makovsky, who directed the University of Haifa control center for the project.

The discovery of these coral reefs has broad scientific importance. They can help researchers to better understand the mechanisms of survival in the environmental conditions of the deep sea, as well as to determine how these conditions correlate with the effect of global changes over time.

In-depth research on seabed samples from the area

has yet to be completed, but additional discoveries include two shipwrecks - probably modern boats that sunk over the past few decades; and fish and crabs that were photographed in their natural habitat for the first time, hundreds of meters beneath the Mediterranean surface.

"This cruise has provided a nutshell sampling of this maritime region, but our discovery only demonstrates the potential of the many surprises that await us in the depths of this area," Makovsky said. "An immediate implication of this discovery is that there is an urgent need to classify the area as a deep-sea reserve, as are other coral reef areas around the world."



A Cell Expansion System which is used to grow cells is put on view at the Beckman Coulter exhibit during the 2010 World Stem Cell Summit at the Detroit Marriott Renaissance Center in Detroit, Michigan. More than 1,200 scientists and researchers from around the world are expected to attend the summit that focuses on the advancement of embryonic stem cell research.

## Health &amp; Living

## Want to shed pounds? Sleep longer say experts



WASHINGTON (AFP) - Dieters looking to shed more fat and feel less hungry while they do it may benefit from a few more hours in bed, according to a new study.

Dieters lost the same amount of weight whether they slept for a full night or fewer hours, but those who got more sleep lost more fat and they also felt less hungry while awake, according to the study, which appears in the October 5 issue of the *Annals of Internal Medicine*.

"If your goal is to lose fat, skipping sleep is like poking sticks in your bicycle wheels," said Plamen Penev, an assistant professor of medicine at the University of Chicago and the director of the study.

"Cutting back on sleep, a behavior that is ubiquitous in modern society, appears to compromise efforts to lose fat through dieting. In our study it reduced fat loss by 55 percent," Penev added.

The study, undertaken by the University of Chicago's General Clinical Resource Center, tracked 10 overweight but healthy volunteers aged 35 to 49.

The participants had body mass indexes ranging from 25, which is considered overweight, to 32, which is considered obese.

Each ate a diet designed to give them 90 percent of the calories they needed to maintain their weight without exer-

cise and then spent 14 days getting up to 8.5 hours of sleep and another 14 days getting up to 5.5 hours of sleep.

The difference between the two periods was pronounced.

When the dieters got up to 8.5 hours of sleep a day, more than half of the weight they lost was fat. When they were sleeping just 5.5 hours a day, only one-fourth of the weight loss was fat with the rest being mostly muscle tissue.

And getting less sleep also made it harder to diet, as the levels of ghrelin, a hormone that triggers hunger, increased when the volunteers were sleeping fewer hours.

The strictly controlled diets available to the participants meant they had no access to additional food even when their lack of sleep made them hungrier.

But that would not be the case for real-world dieters, who could further dent their chances of shedding fat by failing to sleep enough, feeling more hungry and eating additional calories.

Penev said the message of the study was clear.

"For the first time, we have evidence that the amount of sleep makes a big difference on the results of dietary intervention," he said.

"One should not ignore the way they sleep when going on a diet. Obtaining adequate sleep may enhance the beneficial effects of a diet."

## Tip: Are You Deficient in Vitamin B-12?

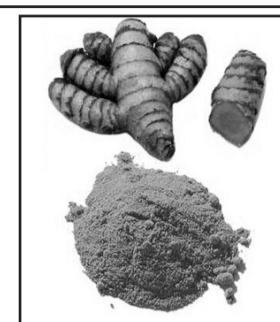
Vitamin B-12 is an essential vitamin that supports the nervous system, creation of red blood cells and production of DNA. It's primarily found in seafood, meat and dairy products.

If you have low levels of vitamin B-12, it could be because you're not eating enough of these products, or you're having trouble absorbing the vitamin from foods.

### Possible reasons for poor absorption of vitamin B-12 include:

- \* An illness known as pernicious anemia, which kills stomach cells that absorb this vitamin.
- \* Crohn's disease, celiac disease or other intestinal problems that affect absorption.
- \* Abnormal growth of bacteria in the stomach.
- \* A side effect of prolonged use of certain drugs, including those that help manage heartburn or ulcers.
- \* A prior surgery on the intestines or stomach.

## Turmeric



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**Turmeric is used in its dry powdered form. It is a member of the ginger family.**

## Dental Care Linked to Heart Health

Older women who get regular dental care are about one-third less likely to suffer from heart disease than those who don't, new findings suggest.

The study doesn't prove that dental care directly improves the heart health of women by lowering the risk of conditions like heart attack and stroke, and dental care seemed to have no benefit for men at all in terms of heart disease, but even so, the study authors were still impressed by the findings.

"We think the findings reflect differences in how men and women develop cardiovascular disease," study co-author Dr. Stephen Brown, an obstetrician/gynecologist resident at West Virginia University, said in a news release from the University of California at Berkeley. "Other studies suggest that estrogen has a protective effect against heart disease because it helps prevent the development of atherosclerosis. It's not until women hit menopause, around age 50 to 55, that they start catching up with men."

There does appear to be a connection between gum disease, in particular, and heart disease. Research suggests that chronic inflammation causes heart disease, and gum disease "is the most common chronic inflammatory condition in the world."



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## Canadian helps severely disabled speak through music



MONTREAL (AFP) - Children immersed within their severely disabled bodies may soon be able to communicate thanks to a newly unveiled device that translates physiological signals into music.

Stefanie Blain studied for five years the interactions of children with severe disabilities and their parents, as part of her doctoral studies at Canada's largest children's rehabilitation hospital, Holland Bloorview, in Toronto.

"They can 'read' their children by observing minuscule movements of their lips, or changes in their breathing," she told a Technology, Entertainment, Design (TEDx) conference in Montreal.

By measuring those tiny physiological signals, Blain was able to show that Max, a 15-year-old adolescent who was seemingly in a vegetative state, became animated when he spotted his favorite toy.

Even completely paralyzed, the body continues to react by changes in body temperature and sweat levels, as well as heart and breathing rates, she explained.

Blain initially created a graphic translation of these physiological arousals.

"But my curves and 3D simulations didn't speak to anyone," she said with a smile.

So, being a musician, she wrote algorithms to convert them into sounds," she said.

"Another child, whom we believed was always sleeping, started to emit a 'biological song' whenever clowns entered his room. It was the first time that his parents and hospital staff realized that he was conscious of the world around him," she said.

The software she created deciphers physiological signals and translates them into a range of tonalities, from soft low-pitched sounds when an individual is calm to high-pitched and more complicated tunes when they are thinking of pleasant things.

"Each 'song' is unique," she said.

"Imagine that when I arrived at the hospital, the hallways were quiet leading to the rooms of children who could neither move, nor speak, and not even make facial expressions," she said.

"Imagine these hallways now (full of music), imagine parents who can really get to know their children."

Currently, the research team lead by Tom Chau is seeking to expand the technology to make it possible for severely disabled children to answer yes or no when prompted, and use a computer.



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## Cas di Glas is over



The Cas di Glas event, held at the Renaissance Marketplace during the past four days and five nights, is over. Last Sunday evening, Minister of Public Health and Sports Richard Visser, released the three deejays who had been locked inside the House of Glass. It was a very emotional and beautiful moment. Siomara could not hold back the tears, DJ 101 did not keep it dry either, while Jean Carlo had shed some tears earlier already. Logical, as they had heard many a sad story about cancer during their broadcasts and also because of their exhaustion.

They had done their utmost for the island-wide fundraising, which aims to buy a mobile breast cancer screening unit with the money the event generated.

Which moments stood out? Actually the entire Sunday was special. Deejay Lionel took over in the early morning and he swept single handed Aruba into a frenzy of giving. Cars drove past the

Cas di Glas to give donations, a little girl handed over her piggy bank, a handicapped boy had collected AWG. 1000,-- a group of mountain bikers cycled around the island and came to donate money. Restaurant workers donated their tip money and several local celebrities shaved their heads after a certain amount had been reached: Mark Benson and Tito Laclé, bravo! A large group of volunteers collected money during the event; another group of wonderful people counted the money for hours on end, day after day.

Of course there was music: so much that several bands got no for an answer when they came to offer free performances. There were local and international artists, one huge line-up, who all played free of charge. Well known artists like Mulato, Juan Carlos Lences, DJ Quality, Tsunami and super band Intwine, the Belgian tenors of Rockenbach: they were there for charity, singing and play-

ing their hearts out.

A happy feeling remains after the hectic days of Cas di Glas. Really glad because of the fantastic amount of money that was collected, but also because a small group of dedicated people put down an event which got the entire Aruban population involved. Mountains can be moved – this was proof of the pudding!

Main sponsors of the Cas di Glas were Elite, Mexim, KLM Martinair, Renaissance, Cilo, Cool FM, Small Energy and Protec, but there were countless other sponsors, among them Martijn Trading Company, which donated AWG. 6.500,-- because the firm's 65 anniversary in 2010 – congra-tulations!

When one would list everyone who donated money, who helped, in whichever way, to make the Cas di Glas a success, you would forget half of them. So hereby: many, many heartfelt thanks to everybody.

Donkey Sanctuary announces  
*Winning name for baby donkey*



On Monday, October 4th, Animal Day, the very successful contest to name the baby donkey born on August 30th ended and a winner was chosen.

A tourist from Great Britain had the privilege of drawing the name out of the container. The winning name for the baby boy is Thunder. This name is very appropriate as we have had a lot of Thunder lately. Heather Carmen from the United States is the lucky winner of the painting done by local artist Desiree Eldering.

We want to thank everyone



for their support of the contest. There were a lot of beautiful names submitted.

You can see Thunder at the Sanctuary in Sta. Lucia, Monday through Friday from 9am to 4pm and on Saturday and Sunday from 10am to 3pm.

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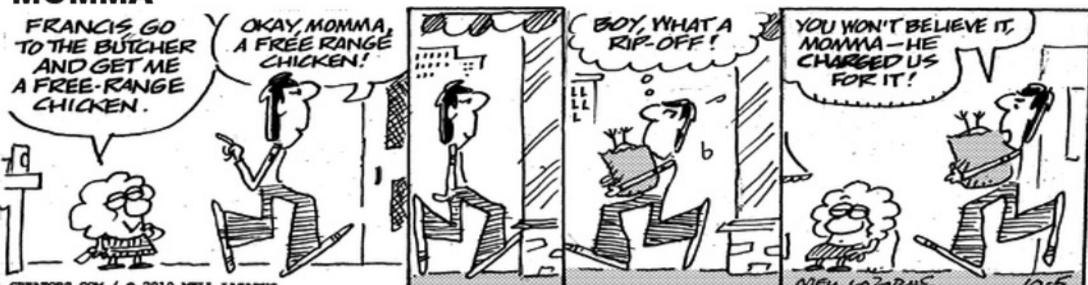
Anyone between the ages of 8 and 77 can enjoy this sport

## COMICS

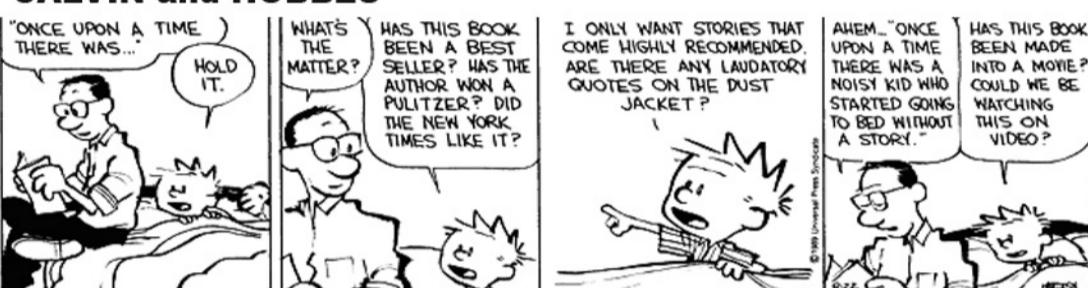
## PICKLES



## MOMMA



## CALVIN and HOBBES



## CROSSWORD



## CROSSWORD

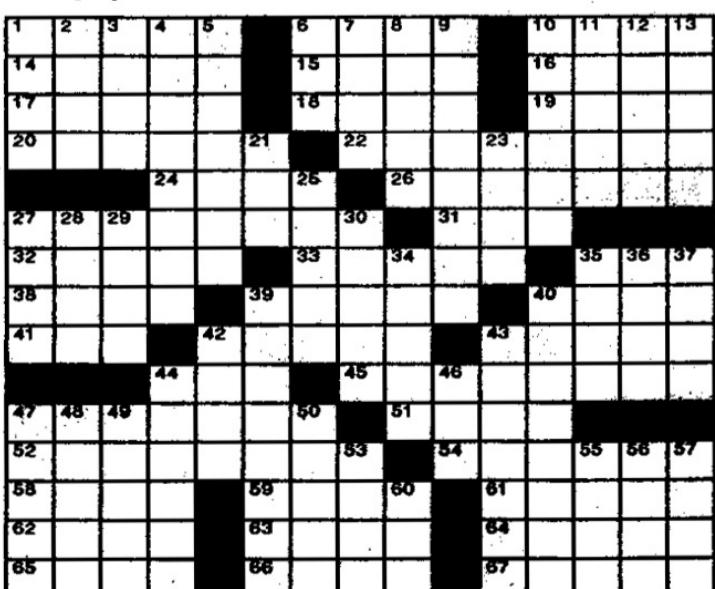
**ACROSS**

- Packs down
- Medicinal plant
- Comic Wilson
- Wide-eyed
- Go on and on
- Singer Horne
- Hardship
- Detail: abbr.
- With: Fr.
- Social standing
- Opening night
- Actress McClurg
- Russian religious teacher
- Bric-a-brac stands
- Nav. rank
- Jury list
- Raises
- Greek letter
- Amor
- Michelangelo statue
- Gather
- O'Hare abbr.
- Coarse grasses
- Salty drops
- Mongrel
- Harem
- Pelota game: 2 wds.
- Grass variety
- Inference
- Give evidence
- Part of RSVP
- Church part
- Make reparation
- Otherwise

**DOWN**

- Sailors
- Dismounted
- Large: prefix
- Disciples
- Dessert item
- "Poetica"
- Northern European
- Individualists
- And so forth: 2 wds.
- Natural talents
- Quay
- Russian range
- Hindu princess
- Comprehends
- Pell—
- German city
- Provides personnel for
- Spooky
- Foil's kin
- Pungent
- Sulawesi ox
- Kernels
- Perplexed: 2 wds.
- Chime
- Agra attire
- facto
- Yearly: 2 wds.
- Boat races
- Reign
- Steak —
- Unmoving
- Strides
- Title for Galahad
- Galahad
- Provides personnel for
- Spooky
- Foil's kin
- Pungent
- Sulawesi ox
- Kernels
- Perplexed: 2 wds.
- Chime
- Agra attire
- facto
- Yearly: 2 wds.
- Boat races
- Reign
- Steak —
- Generates
- Estuary
- Kids
- Tropical lizard
- Occupied: 2 wds.
- "Do — to eat a peach?" (Eliot): 2 wds.
- Elliptical
- Long periods
- Snick and
- Adolescent
- Annex

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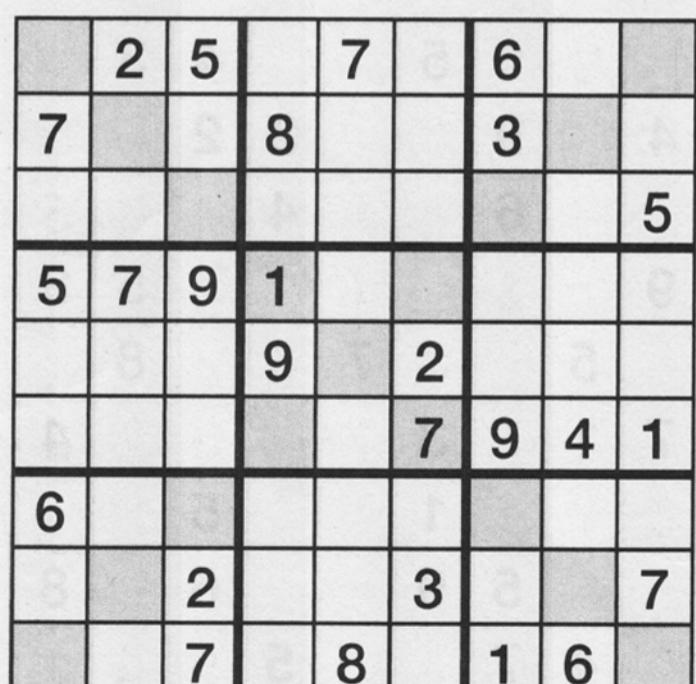
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SOLUTION

3	5	7	4	8	9	1	6	2
9	4	2	6	1	3	8	5	7
6	8	5	3	7	9	4	1	2
2	3	4	9	6	2	5	7	8
5	7	9	1	4	8	2	3	6
4	1	3	2	9	6	7	8	5
7	9	6	8	5	1	3	2	4
8	2	5	3	7	4	6	1	9
6	5	4	3	2	8	7	9	1

Complete the grid so that every row and every column contains the numbers 1 through 9  
A number is Never repeated in a row or column.  
In addition every rectangle must contain the numbers 1 through 9

## Finance

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## Financial system 'Achilles' heel' of recovery, says IMF

WASHINGTON (AFP) - Financial woes continue to dog the global economic recovery, the IMF said yesterday, as it warned about "considerable uncertainty" ahead.

More than two years after the collapse of Lehman Brothers, the International Monetary Fund said the financial system was still the "Achilles' heel" of the economic recovery."

In a report days before finance chiefs from around the world gather in Washington from Friday, the fund warned that government budgets remained "highly vulnerable to growth shocks" and the banking system was still vulnerable.

Particularly at risk are the richest regions -- Europe, Japan and the United States -- while emerging markets remain "very resilient."

"Policymakers in many advanced countries will need to confront the interactions created by slow growth, rising sovereign indebtedness, and still-fragile financial institutions," the report said.

While the European debt crisis had eased slightly in recent months, the IMF said "sovereign risks remain elevated as markets continue to focus on high public debt bur-



dens."

A debt crunch in Greece had roiled global markets as Athens' budget looked increasingly unstable and the risk of default threatened to poison Europe's banking system.

Meanwhile "pockets of vulnerability" remain in the US financial system and Japan faced the longer-term risk of a debt crunch as an aging population no longer props up Japanese bonds.

In the private sector, the IMF warned around four trillion dollars in bank debt will need to be rolled over in the next 24 months, prompting a call for government support for the sector to be phased out gradually.

"Exits from extraordinary financial system support, including the removal of government guarantees of bank debt, will have to be carefully sequenced and planned."

**CURRENCY**

One US dollar equals between 1.78 and 1.8 florins

### YESTERDAY'S Crossword Answer

ACES	PRIM
MARIS	LORES
EMOTE	AWARE
NED	EON TIE
LEARN	LIFTS
ISSUE	
TALL	ETAPE
EVE	OTT LAM
SEVER	ERASE
TREAT	RITES
SETS	BELA

## Europe pressures China as currency war bites

BRUSSELS, Belgium (AFP) - Europe pressured China yesterday to let the yuan rise as fears grew of a global "currency war" while a French call for a new, more stable world monetary order received short shrift from Germany.

A trio of top eurozone officials urged Chinese Premier Wen Jiabao to live up to a June vow to make the yuan more flexible to counter accusations Beijing deliberately undervalues its currency so as to boost exports and growth.

The call came as a two-day Asia-Europe Meeting (ASEM) gathering 46 nations wound up with a consensus for more effective global economic governance.

European Union president Herman Van Rompuy said financial reform "remains our number one priority."

Earlier, euro group chief Jean-Claude Juncker, European Central Bank head Jean-Claude Trichet and European Union economic affairs chief Olli Rehn each told Wen the yuan, or renminbi, should be allowed



Lao Prime Minister Bouasone Bouphavanh speaks during the ASEM conference. (AFP PHOTO)

to find its natural level.

"Orderly, significant and broad-based appreciation of the renminbi (yuan) would promote more balanced growth," Juncker said after talks with Wen on the margins of a Europe-Asia summit, stressing the yuan remains "undervalued."

The euro hit fresh eight-month highs yesterday well above 1.38 dollars, highlighting the problems for the eurozone as its currency soars against a

weakening dollar and the yuan, undercutting its export competitiveness.

The hot topic overshadowed the meeting even though not on the official agenda and will figure prominently at direct talks between Brussels and Beijing today.

The issue will also likely loom large at the annual International Monetary Fund meeting beginning Friday.

## European markets driven higher by news on US service sector

LONDON, England (AFP) - European stock exchanges posted sharp gains yesterday, driven higher by a better-than-expected rise in US services sector activity.

The London FTSE 100 index climbed 1.44 percent to 5,635.76 points while in Paris the CAC 40 rose 2.25 percent to 3,731.93 points. The Frankfurt the DAX added 1.33 percent at 6,215.83 points.

Elsewhere Milan gained 2.09 percent, Madrid 2.58 percent and the Swiss Market Index 1.04 percent.

The late-day gains in Europe followed solid opening advances in response to a reported improvement in the services sector in Britain and a decision by the Bank of Japan to adopt a near zero interest rate policy.

The BoJ also announced further easing measures to help safeguard a fragile recovery from the threats of deflation and a strong yen.

The central bank lowered its key rate to a range of between zero and 0.1 percent, from the rate of 0.1 percent set at the height of the financial crisis in December 2008.

European momentum then picked up noticeably when the Institute of Supply Management said its US non-manufac-

turing index rose to 53.2 percent, the ninth consecutive month of growth.

An index reading above 50 percent indicates expansion in the key sector, which accounts for the bulk of overall US economic output.

Most analysts had expected the index, based on a survey of the nation's purchasing and supply executives, would rise to 51.8 percent from 51.5 percent in August.

Analysts said the services sector was holding up better than manufacturing activity, a key driver of the economy's recovery from the worst recession in decades.

Nonetheless Aaron Smith at Moody's Analytics warned that "while the gain points to a pick-up in service-sector growth after a brief slump, the composite index is still below the average in the first half of the year and is consistent with mediocre real (gross domestic product) growth of around 2.0 percent."

Among European stocks in focus, German energy groups EON and RWE were unable to take advantage of strengthened investor confidence.

EON lost 0.80 percent and RWE 0.20 percent as HSBC bank warned that the shares would come under pressure

from weaker gas sales and a planned German tax on nuclear fuel.

In Paris, banks won substantial support from the US services sector report. BNP Paribas rose 3.88 percent and Credit Agricole 3.08 percent.

Societe Generale gained 3.61 percent after a Paris court sentenced former trader Jerome Kerviel to three years in prison after finding him guilty of fraudulent actions that cost the bank almost 5.0 billion euros.

The guilty verdict appeared to support the bank's contention that Kerviel had acted alone.

US stocks enjoyed a strong start to the day on the services sector report.

The blue-chip Dow Jones Industrial Average was up 1.24 percent at 10,885.23 at mid-day while the tech-rich Nasdaq composite index gained 1.77 percent to 2,386.11.

In Asia, Japanese shares surged after the central bank announcement. The Nikkei index in Tokyo ending up 1.47 percent.

Hong Kong shares also rebounded from earlier lows to gain 0.09 percent but Sydney fell 0.40 percent. Chinese markets were closed for a public holiday.

## The Queen's offers an authentic taste of Aruba!



Varella, Luisa and the next generation of chef



Grandma's stoba w/rice and beans and potato salad

One of the distinctions of Aruban cuisine is incorporating unique indigenous ingredients such as in Wild Cucumber Stew and a particular light fish chowder accompanied by the local specialties pan bati (corn meal pancake) and funchi (the local version of polenta.) Thus, eating out at the authentically Aruban restaurant, The Queen's, is very affordable, with a true taste of regional cuisine.

Owner Varella Innocencia confesses she opened her restaurant in Oranjestad because "I grew up with this, and loved serving people our island food. My father and mother operated the little restaurant across from the Americana, which some may remember, the original Arawak. I remember how much our customers loved trying the local food, and they especially loved the prices!"

Varella's mom, Luisa, is still in the kitchen, conjuring up the delicious dishes that have been in her family for generations, which is acknowledged on the menu with "Carni Stoba di Mamachi"- "Grandma's Beef Stew," and their Arawak Steak.

We also bumped into island visitors Jim and Callie from Michigan, who were eager to try island food, and were more than pleased with their venture

into local cuisine. "We will definitely return to The Queen's," they affirmed, "the food was delicious and the prices are more than right."

The menu sports a variety of steaks and tenderloin, fresh caught seafood, Caribbean lobster, and of course, one of our favorites, and what we consider a true test of local cuisine, "Keshi Yena"- "Filled Cheese." This is a tasty, filling stew of chicken, with other ingredients that are handy that day, all incased in a thick skin of melted Gouda. It was very satisfying and particularly memorable paired with The Queen's garlic bread and very special Pica, a mix of chopped onions and the famous local hot pepper, Madame Janette. Not overly spicy, it lent that perfect bit of tang to this deliciously picturesque meal.

Located next to the Harbor at the end of the Weststraat, The Queen's is open from 11:00 a.m. to 11:00 p.m., daily, offering indoor and outdoor dining. They also have daily specials, aside from an extensive menu; made from whatever is in season and Mama Luisa was in the mood to prepare.

We noticed a steady stream of islanders coming for lunch in the pleasant surroundings or picking up take-out containers; always a sure sign of a winner is where the locals like to eat!

## Gold Coast Aruba: This is the time to invest

Managers of Gold Coast Aruba, the island's newest and most innovative gated community, report that sales are picking up nicely as the global economy begins to recover and those with a bit of disposal income are looking to invest in a sure thing. Gold Coast Directing Manager Fito Croes has noticed a surprising percentage of owners are barely using the villas or town homes they purchase, but taking advantage of Gold Coast's rental services to turn their investment into ready income.

"The greater portion of home owners are using their "home away from home" in Aruba to escape the winter months, or spend holidays with the family on the island," he remarked, "but I am gratified by how many are buying because they felt secure with real estate investment on Aruba. They really study the history and economy of the island and are impressed with the political stability and continually increasing value of prime locations. Gold Coast is in the heart of Malmok, considered Aruba's most exclusive community; in this area, the value of properties has only increased over time. It is minutes to the best beaches and all the action, and yet offers a quiet and secluded getaway; we are very pleased by the response to our concept."

Fito, with his sister Mayrin and brother Rudy run Cas Bon, which has been constructing homes and building developments for all budgets for nearly twenty years. "Gold Coast Aruba is the jewel in our crown," observes Fito. "We were very excited about this project; the scope and amenities. We talked to countless island visitors to find out what they would really want in a permanent residence on Aruba, and took from there."



Input from frequent vacationers who dreamed of their own home in Aruba will eventually be a community of 260 town homes, villas and condominiums with a stunning clubhouse complemented by two additional pools decks, one of which has been open for a year, the other will be ready for the holidays 2010. They expect the clubhouse to be ready for the community with a workout room and specta-

homes. An elegant and chic standard package is available, or island designers will assist owners in finishing the décor to their specific tastes.

There are many aspects to purchasing property; not the least is the future value of the investment. To further enhance this, Gold Coast managers have inaugurated a number of in-house services and are now negotiating with Interval International to pro-



cular facilities by the end of 2011. It will also house a restaurant and mini-market.

Owners who purchased upon the groundbreaking only a few short years ago, are already enjoying a nearly 50% appreciation on their investment, particularly those taking advantage of the management association's rental service. There is always a great demand for Aruba and facilities such as those at Gold Coast, making it easy for some owners to earn their mortgage payments or others to see an immediate return on their investment.

The design of the structures is open, airy and spacious, fully deploying the island environment, with the finest quality construction and finishing available. Partnering with two of Aruba's top providers of kitchens and bathrooms enables developers to offer custom options for clients, so buyers can individualize their

vide a huge international pool for investors to tap for renters either short or long term.

Property exchange for a vacation in another destination will also be available. Gold Coast's own rental services have also proven highly successful in assisting owners in renting their villas; 24-hour security and maintenance services also tip the scales when it is time to make a decision. Aside from all this, housekeeping, babysitting and catering services are also available for community members as well as airport pick-up and drop-off and pre-shopping services so cupboards and refrigerators are stocked upon arrival, which can all be arranged through their home management department.

Visit their website: [www.goldcoastaruba.com](http://www.goldcoastaruba.com) for more details and availability or call 586-2200 to arrange a personal tour.

## The countdown for the Caribbean Sea Jazz Festival Aruba has started!



The countdown for the Caribbean Sea Jazz Festival Aruba has started. Artists are arriving in droves at the airport and the excitement for the music festival is building. With its line-up of Marcus Miller, Swing Design, Cosy Cotton with Grana Louise, Red Fulka, Sazon Cubano, Ivan Jansen on Friday and Issac Delgado, Tizer with Karin Briggs, Sergio Jansen, Mystical Connection, Data-panik, Timbache and Off Shore on Saturday evening,

the festival has a sure hit on its hands. On both evenings students of the Scol di Musica are performing and there is an art gallery with movies open to the public.

Passers-by the Cas di Cultura can see the work in process to get everything ready for Friday, October 8, the first day of the festival. On both days performances start at 6.30 p.m. A day pass costs AWG. 55,- (US 32,-). Tickets are available at MooMba Beach, Cliffix,

Super Food, CD's & More and at Cas di Cultura. For more information you can visit [www.caribbeanseajazz.com](http://www.caribbeanseajazz.com).

On October 6 there is a special performance of Swing Design, a popular big band from Holland, at Café the Plaza at the Renaissance Marketplace. Swing Design is going to heat up the hearts of music fans with its rousing songs in celebration of the restaurant's 19th anniversary.

## 'Desirable' 38M dlr pink diamond up for auction



GENEVA, Switzerland (AFP) – Auctioneers at Sotheby's said Monday that a rare pink diamond valued at up to 38 million dollars (28 million euros) would go on sale in Geneva next month, dubbing it one of the "world's most desirable stones."

The 24.78 carat Fancy Intense Pink Diamond mounted on a ring comes from a private collection, the auction house said.

The gemstone, rated among a type that accounts for just two percent of diamonds, was last seen on the market about 60 years ago when it was sold by legendary US jeweller Harry Winston.

"During my 35-year career at Sotheby's I have had the opportunity to examine many magnificent and rare gemstones and, put simply, this stone is one of the most desirable diamonds I have ever seen," said David Bennett, chairman for Europe and the Middle East at Sotheby's international jewellery department.

"What makes it so immensely rare is the combination of its exceptional colour and purity with the classic emerald-cut -- a style of cutting normally associated with white diamonds," he added.

Sotheby's gave a pre-sale estimate of 27 to 38 million dollars for the fancy pink diamond, which will go under the hammer on November 16.

Blue, pink and green coloured diamonds are currently the most sought-after gemstones in auctions, according to the auction house.

Several elite auctioneers including rivals Christie's hold glittering jewellery sales every year in the western Swiss city's luxury hotels during one week in spring and autumn.

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**Published Monday thru Saturday**

## Doctors fueled US starlet's drug addiction

LOS ANGELES, California (AFP) – Two doctors helped supply troubled US starlet Anna Nicole Smith with powerful prescription drugs to feed her addiction ahead of her death in 2007, a US court was told.

Actress and Playboy model Smith died in February that year from an accidental prescription overdose in Florida, aged 39, although the doctors are not charged over her death.

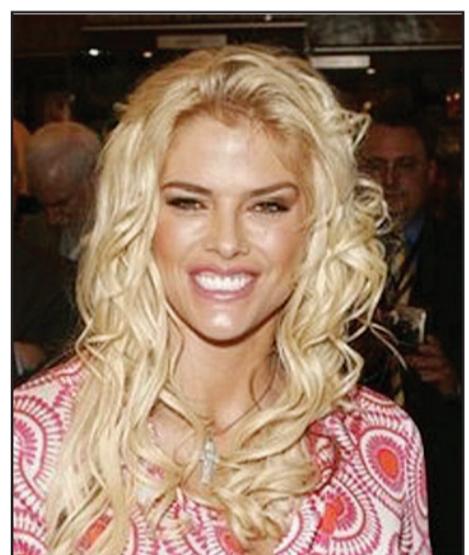
But physicians Sandeep Kapoor and Khristine Eroshevich prescribed medication for her, in collaboration with her former companion Howard K. Stern, which fueled her addiction, prosecutors said.

"Her addiction started long before the crimes that we have charged," said Deputy District Attorney David Barkhurst, in closing arguments at a Los Angeles trial, adding: "She had an addiction problem."

"There is just prescription after prescription after prescription written" for Smith for the opiate Dilaudid, which only stopped after she appeared high in public at a US awards show, he added.

Kapoor, 42, and Eroshevich, 62 -- charged with conspiring to furnish drugs to an addict -- "abandoned their responsibilities. They abused their power," the prosecutor said of the two doctors.

The larger-than-life Smith



was once regarded as one of the world's most desirable women during the 1990s when she replaced supermodel Claudia Schiffer as Guess Jeans model.

However, Smith fell out of the spotlight over the next decade, with dramatic fluctuations in her weight, often appearing to be under the influence of drugs or drink in public.



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## Braves' Hudson, Twins' Liriano win comeback award

NEW YORK (AFP) - Pitchers Tim Hudson of Atlanta and Francisco Liriano of Minnesota were named as Major League Baseball's Comeback Players of the Year on Tuesday after guiding their teams into the playoffs.

Hudson captured the Nation League version of the award by going 17-9 with a 2.83 earned-run average and 139 strikeouts over 34 starts after making only seven starts in 2009 following 'Tommy John' arm tendon

surgery.

It was the most successful season since 2001 for the 35-year-old American right-hander, who ranked second in NL starts and fourth in innings pitched with 228 2/3. He had a career-high 13 strikeouts in August against Florida.

Liriano, a 26-year-old Dominican left-hander who underwent the same arm surgery as Hudson and missed the entire 2007 season, has struggled with arm fatigue over the past two

years but bounced back in 2010 to claim the American League honour.

Liriano went 14-10 with a 3.62 earned-run average in 31 starts, striking out 201 batters over 191 2/3 innings. He ranked fifth in the AL in strikeouts and enjoyed an eight-game winning streak from July 16 to September 14.

Voting was conducted by 30 club beat writers for Major League Baseball's website.

## Mets, Brewers, Pirates sack their managers

NEW YORK (AFP) - The New York Mets have fired manager Jerry Manuel and general manager Omar Minaya on Monday, following their second straight Major League Baseball losing season.

The Mets said a search is under way for a new general manager, who will work with the team to hire a new manager.

The final guaranteed year of Manuel's contract expired, and the Mets declined to exercise the club's option.

The Mets were 79-83 this year, a disappointing 18 games behind Philadelphia in the National League East.

Manuel was promoted from bench coach on an interim basis after the 2008 firing of Willie Randolph.

New York wasn't the only team to dump their manager on Monday. Milwaukee and Pittsburgh also fired managers after disappointing seasons with underperforming teams. That raised the total of managers losing their jobs this year to eight.

Ken Macha was officially dismissed by the Brewers after consecutive losing seasons that following their 2008 playoff appearance as the NL wild card.

John Russell was sacked by the Pirates after 299 defeats in three seasons, which extended the franchise's consecutive losing years to a major league record 18.

"The bottom line is to win the games. If you don't win games, they're going to get somebody in there with a dif-

ferent voice and try to get the guys to listen to it," Macha said. "When you get these jobs, it's just a matter of time before there is a change."

### Dolphins dump special teams coach after lopsided loss

MIAMI, (AFP) - John Bonamego was fired as the Miami Dolphins' special teams coordinator on Tuesday, barely 12 hours after his squad struggled in Miami's 41-14 home National Football League loss to New England.

The Patriots blocked a punt and a field goal attempt, returning the latter for a touchdown, and also had Brandon Tate return the second half kickoff 103 yards for a touchdown at the expense of Bonamego's units.

"It's a hard decision," Dolphins coach Tony Sparano said about seeing his friend fired. "Nobody works harder than him at what he does."

"Our players also need to take responsibility."

Darren Rizzi was promoted from assistant special teams coach into the coordinator post. He will have an extra week to make changes

## Winless Bills deal top rusher to Seahawks

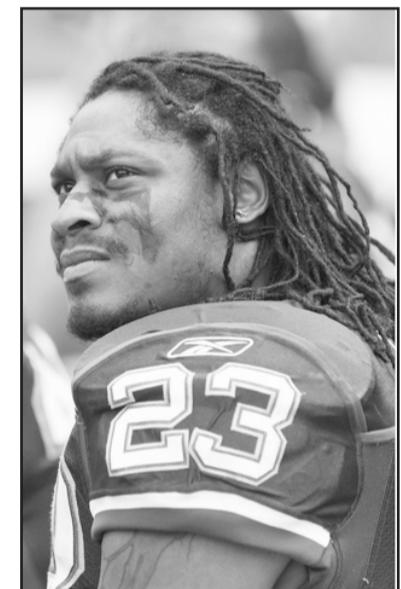
BUFFALO (AFP) - Winless Buffalo traded top rusher Marshawn Lynch to the Seattle Seahawks on Tuesday in exchange for undisclosed future picks in the National Football League Draft.

The move came eight days after the Bills released former starting quarterback Trent Edwards and with the club scrambling for answers at 0-4 entering Sunday's home game against Jacksonville, the new team of Edwards.

Lynch, sent away two weeks before the NFL trade deadline, had 164 yards on 37 carries and in 45 career games has 2,765 rushing yards and 17 touchdowns plus 670 receiving yards and another touchdown.

Fred Jackson, who had replaced Lynch in the Bills' starting backfield, and rookie C.J. Spiller will see more time in Buffalo's lineup while the Seahawks hope Lynch will be the answer to their rushing woes.

The Seahawks, 2-2 entering a bye week, ranked 27th



among 32 NFL clubs with an average of 79.5 yards rushing a game.

Seattle released Julius Jones, their top rusher the past two seasons, to make room on their roster for Lynch.

Justin Forsett, Lynch's former teammate at the University of California, started last week for the Seahawks, managing only 65 yards on 19 carries.

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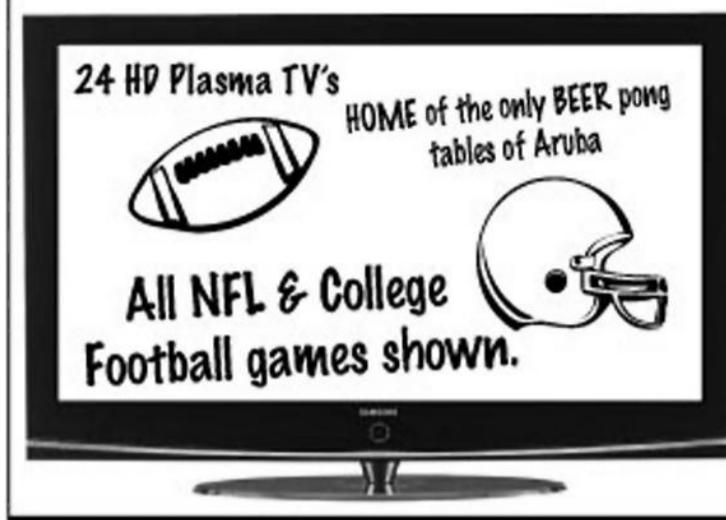
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## Division Series

# MLB playoff series set to kick off



LOS ANGELES (AFP) - Baseball launches into its 2010 postseason with the defending league champion New York Yankees and the two-time defending NL champion Phillies on a potential World Series collision course.

There were no tiebreakers needed this year as all the matchups were set on Sunday giving the players some much-needed rest before the first swing of the playoff bats.

"Words can't describe it," San Francisco second baseman Freddy Sanchez said. "This is what I've played for ever since I was a little kid."

Tampa Bay ace David Price will throw the first pitch

against the Texas. The Rangers are the only current major league franchise that's never won a postseason matchup.

Philadelphia host Cincinnati in the next scheduled game. Phillies pitcher Roy Halladay starts game one against Edinson Volquez. The Phillies pitching rotation also includes aces Roy Oswalt and Cole Hamels.

Cincinnati is making their first playoff appearance in five years. They rewarded manager Dusty Baker with a two-year contract extension on Monday.

"I think we got here sooner than a lot of people thought - to the playoffs,"

general manager Walt Jocketty said. "I think a lot of it is due to Dusty's leadership."

Major League Baseball champion Yankees visit Minnesota on Wednesday for the first postseason game at Target Field.

CC Sabathia, a workhorse throughout the last postseason, starts against Twins Francisco Liriano. The Yankees were 4-2 against Minnesota this year.

New York settled for a wild-card berth Sunday after losing to rival Boston in their regular-season finale.

The defeat left the Yankees at 95-67 while Tampa Bay defeated Kansas City 3-2 in 12 innings to finish at 96-66 to edge the Yankees by one game for the AL East division title.

Rays third baseman Evan Longoria is expected to re-

turn for game one of the ALDS against the Texas Rangers on Wednesday.

On Thursday, the wild-card Atlanta Braves and retiring manager Bobby Cox begin their best-of-five division series at San Francisco. Tim Lincecum, a two-time Cy Young Award winner, pitches for the Giants against Derek Lowe.

Likewise, Lincecum is well rested and ready to go.

"We're probably not expected to do well," said Braves pitcher Tim Hudson.

Braves 69-year-old manager Cox is in the postseason again. Cox's Braves went 4-3 against the Giants this year.

Cox guided Atlanta to 14 consecutive division titles from 1991-2005, but only one World Series championship during that run. He and the Braves are back in the

postseason after a four-year absence.

The Giants and Braves clinched their playoff spots Sunday, eliminating San Diego.

"This is what it's all about," Atlanta closer Billy Wagner said. "You play all year long and it comes down to the last game and you get the champagne shower."

The Ray announced Monday that Longoria, who missed the final 10 games of the regular season battling a strained right quadriceps, will make his return as the Rays start the playoffs.

The 24-year-old hit .294 with 22 homers and a team-high 104 RBI in 151 games for the AL East champions.

The AL champ will face the National League winner in the best-of-seven championship World Series later this month.

## MLB playoff schedule

### AMERICAN LEAGUE

#### TAMPA BAY VS TEXAS

WED., OCT. 6 -- TEXAS AT TAMPA BAY  
 THU., OCT. 7 -- TEXAS AT TAMPA BAY  
 SAT., OCT. 9 -- TAMPA BAY AT TEXAS  
 SUN., OCT. 10 -- TAMPA BAY AT TEXAS (X)  
 TUE., OCT. 12 -- TEXAS AT TAMPA BAY (X)

#### MINNESOTA VS NEW YORK

WED., OCT. 6 -- NEW YORK AT MINNESOTA  
 THU., OCT. 7 -- NEW YORK AT MINNESOTA  
 SAT., OCT. 9 -- MINNESOTA AT NEW YORK  
 SUN., OCT. 10 -- MINNESOTA AT NEW YORK (X)  
 TUE., OCT. 12 -- NEW YORK AT MINNESOTA (X)

### NATIONAL LEAGUE

#### PHILADELPHIA VS CINCINNATI

WED., OCT. 6 -- CINCINNATI AT PHILADELPHIA  
 FRI., OCT. 8 -- CINCINNATI AT PHILADELPHIA  
 SUN., OCT. 10 -- PHILADELPHIA AT CINCINNATI  
 MON., OCT. 11 -- PHILADELPHIA AT CINCINNATI (X)  
 WED., OCT. 13 -- CINCINNATI AT PHILADELPHIA (X)

#### SANFRANCISCO VS ATLANTA

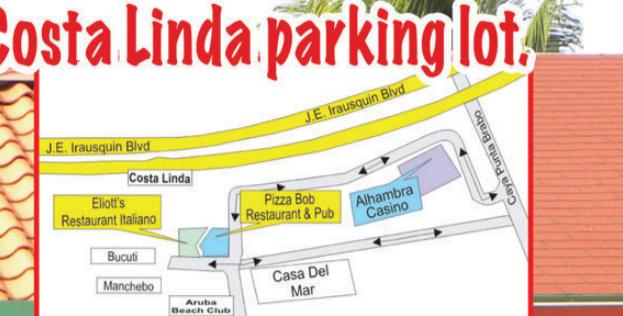
THU., OCT. 7 -- ATLANTA AT SAN FRANCISCO  
 FRI., OCT. 8 -- ATLANTA AT SAN FRANCISCO  
 SUN., OCT. 10 -- SAN FRANCISCO AT ATLANTA  
 MON., OCT. 11 -- SAN FRANCISCO AT ATLANTA (X)  
 WED., OCT. 13 -- ATLANTA AT SAN FRANCISCO (X)

DIVISION SERIES (BEST-OF-FIVE) \* (X) IF NECESSARY

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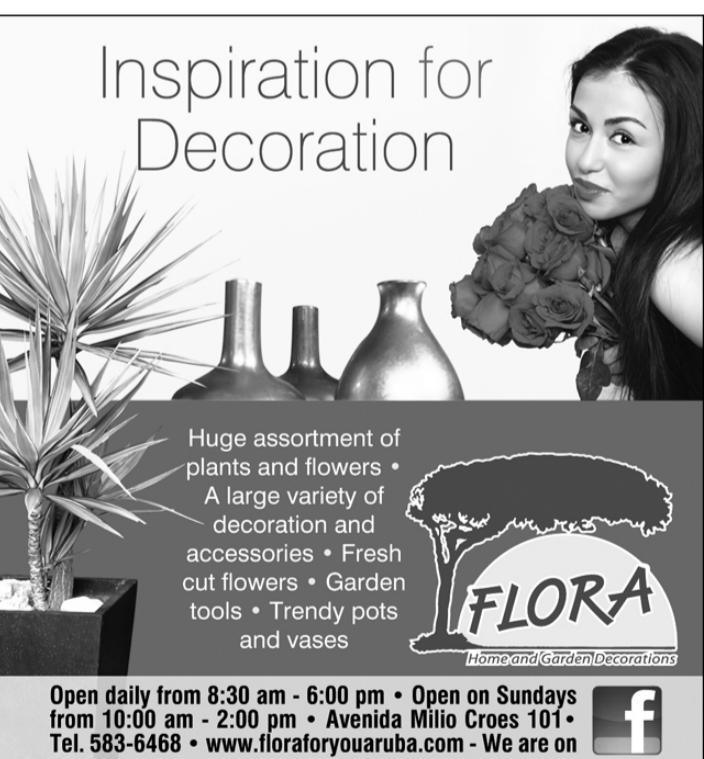
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**Eager Bolt already surprising training rivals**

KINGSTON (AFP) - World and Olympic 100 and 200-meter champion Usain Bolt has already surprised his training partners and served notice to his major rivals about his hunger to defend his world titles in 2011.

Bolt, a notorious late-comer to practice sessions, was the first person at the track on Monday's first day of workouts in advance of the 2011 season.

The 24-year-old Caribbean speedstar said he was "anxious" to begin training and "eagerly looking forward" to next season, especially the IAAF World Championships in Daegu, South Korea next August.

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